



WEEKEND BRUNCH

Saturday and Sunday
8am – 4pm



BBQ Chicken Cobb Salad



Wings



Golden Battered Fish & Chips

SOUPS & SALADS

Creamy Broccoli Cheddar Soup creamy blend of broccoli & cheddar 8.95 (360 Cals)

🍲 🌿 **Tuscan Tomato Bean Soup** hearty beans, vegetables & tuscan herbs 8.95 (120 Cals)

🍳 🍷 **BBQ Chicken Cobb Salad** BBQ chicken, romaine, bacon, boiled egg, tomato, cucumber, goat cheese & pea shoots. Choice of dressing 24.95 (1060 Cals)

🍷 **Teriyaki Salmon Salad** grilled salmon, teriyaki glaze, romaine, tomato, cucumber, broccoli, mushroom & pea shoots. Choice of dressing 27.95 (480 Cals)

🌿 🍷 **Mediterranean Salad** cucumber, tomato, feta, red onion, green pepper, romaine & kalamata olives, with our signature homemade dressing 15.95 (340 Cals)

Caesar Salad romaine, bacon, seasoned croutons & parmesan with our signature creamy dressing 14.95 (430 Cals)

Add to your Mediterranean or Caesar Salad

🍲 Chicken	7.5	(230 Cals)	🍷 Salmon	10	(250 Cals)
🍲 Shrimp	9	(120 Cals)	🍷 Steak	11	(190 Cals)

Dressings: Choose from: Ranch (180 Cals), Italian Vinaigrette (370 Cals), Creamy Southwest (430 Cals), Creamy Garlic & Parmesan (430 Cals) or Clover Honey & Mustard Seed Vinaigrette (40 Cals)

LUNCH FAVOURITES

🍳 🍷 🍲 **Wings** our signature crispy wings. Served with crudites & blue cheese dip. Choice of sauce 18.95 (570 Cals)

🍳 **Golden Battered Fish & Chips** 2 English style battered haddock fillets with fries, house-made coleslaw and tartar sauce 24.95 (1400 Cals)

🍲 **Chicken Tenders & Fries** premium hand-breaded tenders tossed in your favorite flavour. Served with cool blue cheese dip and house-made slaw. 20.45 (1670 Cals)

Choice of Sauce: Mild & Sweet: BBQ (60 Cals), Honey Garlic (60 Cals), Garlic Parm (40 Cals) **With a Kick** 🌶️ Medium (50 Cals), Honey Hot (60 Cals), Thai Sauce (80 Cals), Poke Sauce (90Cals)
Classic Heat 🌶️🌶️ Hot (10 Cals), Hot Sriracha Chili Garlic (80 Cals)

EARLY BIRD DINNER 24⁹⁵ 3pm-6pm

Appetizer Choice: Broccoli Cheddar Soup, 🌿 Tuscan Tomato Bean Soup, 🌿 Mediterranean Side Salad or Caesar Side Salad

Entrée Choice: New York Steak (5 oz) with roast potatoes & vegetables, Chicken Souvlaki Skewers (2) with rice and mediterranean salad, Fish & Chips 1 piece haddock fillet with coleslaw or 🌿 Gnocchi Pasta

Dessert Choice: Sticky Toffee or Tres Leches Milk Cake

Early Bird Dinner cannot be combined with any other offer. Menu subject to change.

Specials by the glass: PBR Draught 5 House Wine 5 Sapporo & Stella Artois Draught 7

SIDES

Poutine Fries 11.95 (490 Cals)
Truffle Parm Fries 11.95 (770 Cals)
French Fries 5.95 (530 Cals)

Side Caesar Salad 7.95 (200 Cals)
Side Mediterranean Salad 8.45 (140 Cals)
Onion Rings 6.95 (240 Cals)

Roast Potatoes 5.75 (360 Cals)
Seasonal Vegetables 5.75 (190 Cals)
Sweet Potato Fries 6.95 (640 Cals)

🍳 Signature 🌶️ Spicy 🍲 Halal

No substitutions will be made for ingredients.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Any add-ons or substitutions add indicated calories to total calorie count. 🌿 indicates vegetarian menu item. All items identified with 🍳 are made gluten free; however due to the possibility of cross contact with items we consider those items gluten-friendly. Please notify management if you have allergies.

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SIGNATURE SANDWICHES

🍷 **Philly Cheese Steak** shaved prime rib, sauteed with onions, green peppers & swiss cheese. Garlic aioli drizzle on a ciabatta bun 25.95 (620 cals)

New York Strip & Swiss premium 5 oz NY Striploin (med-rare) with melted swiss, sauteed mushrooms & onions, and garlic aioli on a toasted potato bun. 25.95 (840 Cals)

Chicken Bacon Club grilled chicken, bacon, lettuce, tomato, on ciabatta bread 24.95 (450 Cals)

🌱 **Garden Vegetable Wrap** avocado, chickpeas, roasted red pepper, goat cheese, pickled vegetables & tzatziki on a sundried tomato tortilla 19.95 (540 Cals)

Fish Tacos haddock, pickled slaw, lettuce & tzatziki drizzled with thai sauce 22.95 (680 Cals)



Philly Cheese Steak

HANDHELDS

California Sandwich char-grilled chicken, guacamole, bacon, black beans, cheddar, tomato, lettuce, onion, & spicy aioli, on a potato bun. 25.95 (860 Cals)

🍷 **Crispy Chicken** hand breaded chicken breast fried to a golden crunch. Topped with lettuce, tomato & mayo. Served on a toasted potato bun. 19.95 (640 cals)

🍷 **Crispy Chicken Parmesan** hand breaded chicken breast fried to a golden crunch, then coated in zesty marinara. Topped with a thick melt of premium mozzarella and nestled inside a toasted potato bun. 19.95 (750 Cals)

🍷 🌶️ **Louisiana Hot & Crispy Chicken** crispy chicken tossed in fiery hot sauce. Topped with lettuce, tomato, & savoury garlic aioli on a toasted potato bun. 19.95 (660 Cals)

Fish Sandwich crispy, golden battered haddock topped with melted cheddar and creamy tartar sauce. Served on a toasted potato bun. 19.95 (740 Cals)



Chicken Parmesan, Original Crispy Chicken & Louisiana Hot & Crispy

Sandwiches & Handhelds served with Mediterranean side Salad*

*Substitute Mediterranean side Salad with: Caesar side Salad (+60 Cals), Fries (+120 Cals) or Tuscan Tomato Bean Soup (-40 Cals)

Substitute Sweet Potato Fries (+160 Cals) or Onion Rings (+140 Cals) +1.50 each, Poutine (+240 Cals) +3.00

BURGERS

🍷 **Mushroom Double Swiss** swiss cheese, sauteed mushrooms, lettuce, pickles, onions, BBQ sauce 24.95 (790 Cals)

Double Cheddar two patties, cheddar cheese, lettuce, pickles, onions & special sauce 24.95 (770 Cals)

Symposium Burger two patties, lettuce, pickles, onions, tomato & signature sauce 22.95 (540 Cals)

Single Burger lettuce, pickles, onions, tomato & signature sauce 16.95 (300 Cals)

🌱 **“Beyond Meat”™ Burger** plant-based protein with lettuce, pickles, onions, tomato & signature sauce. Served with crispy fries 23.95 (380 Cals)

TOPPINGS

Bacon	180 Cals	2.00	Bruschetta Mix	70 Cals	1.25
Mozzarella	80 Cals	2.00	Guacamole	90 Cals	1.25
Cheddar	110 Cals	2.00	Hot Peppers	20 Cals	.95
Swiss	110 Cals	2.00	Roasted Zucchini	20 Cals	.95
Peameal Bacon	40 Cals	2.25	Sauteed Onions	20 Cals	.95
Onion Rings	60 Cals	2.00	Mushrooms	20 Cals	.95



Mushroom Double Swiss Burger

All our Burgers are made in house with premium ground chuck & served with crispy fries*

*Substitute Fries, at no charge, with Mediterranean side Salad (-120 Cals), Caesar side Salad (-60 Cals) or Tuscan Tomato Bean Soup (-80 Cals).

*Substitute Sweet Potato Fries (+40 Cals) or Onion Rings (+20 Cals) for 1.50 each. Substitute with Poutine (+120 Cals) for 3.00